

# 23. Bocholter Triathlon am 13. Juni 2010

# Ergebnisliste

## Mitteltriathlon

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl. AKPL	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	1010	Janitzki Alexander	Team Roseversand	3:48:50	M35	1	1	0:25:39	1	2:09:17	1	2:34:56	1	1:13:54
2	1038	Lamers Eddy	VZC Veenendaal	3:55:56	M30	1	2	0:27:36	3	2:10:42	3	2:38:18	6	1:17:38
3	985	Tewes Heiko	SC Bayer 05 Uerdingen	3:59:39	M35	2	3	0:27:39	2	2:10:38	2	2:38:17	15	1:21:21
4	1036	Huster Daniel	SC Bayer 05 Uerdingen	4:03:26	M30	2	16	0:31:27	4	2:11:01	4	2:42:28	12	1:20:58
5	1058	Mertens Andy	Triathlon Team Eupen	4:05:52	M25	1	9	0:30:42	6	2:12:27	5	2:43:10	19	1:22:42
6	1072	Paalman Martijn	*Holten	4:10:01	M25	2	5	0:28:56	12	2:18:50	6	2:47:46	17	1:22:14
7	1025	Goraus Stephan	Dülkener SV 06	4:11:10	M35	3	12	0:31:16	14	2:20:44	10	2:52:00	8	1:19:09
8	1053	Hermsen Sjoerd	BTP	4:12:39	M30	3	68	0:36:57	8	2:16:22	14	2:53:20	9	1:19:19
9	1026	Crusio Ruben	*Duiven	4:12:46	M35	4	43	0:35:17	9	2:16:47	11	2:52:05	11	1:20:41
10	1068	Kalk Nils	Triathlon Team Eupen	4:15:42	M25	3	48	0:36:01	25	2:23:51	32	2:59:52	4	1:15:49
11	1020	Kremers Sascha	TV 1848	4:15:57	M35	5	32	0:34:00	10	2:17:22	9	2:51:22	23	1:24:35
12	873	Snijders Johan	ATV Venray	4:16:39	M45	1	8	0:30:11	39	2:25:09	18	2:55:20	14	1:21:18
13	1004	Peters Dr. Maarten	*GEndt	4:17:40	M35	6	15	0:31:25	11	2:18:12	7	2:49:38	45	1:28:02
14	972	Kempf Robert	SV Sterkrade-Nord	4:17:49	M40	1	36	0:34:14	15	2:20:53	17	2:55:07	18	1:22:42
15	1056	Austerschmidt	Tricity 2001 Paderborn	4:18:00	M30	4	50	0:36:10	41	2:25:40	37	3:01:50	5	1:16:10
16	902	Vaars Johan	atv venray	4:18:47	M45	2	21	0:33:09	31	2:24:25	23	2:57:35	13	1:21:12
17	1070	Gosebrink Jens	Triminators TV Voerde	4:19:35	M25	4	6	0:29:58	35	2:24:47	15	2:54:45	26	1:24:50
18	1069	Zellin Jan	Tri-Geckos Dortmund	4:20:30	M25	5	81	0:37:40	37	2:24:54	43	3:02:35	7	1:17:55
19	1062	Hölter Christian	SC Wiking Herne	4:20:31	M25	6	10	0:30:46	34	2:24:41	19	2:55:28	28	1:25:03
20	1043	Christen Johan	TVA	4:20:48	M30	5	72	0:36:59	7	2:16:05	13	2:53:05	43	1:27:42
21	935	Holl Stefan	TK Grevenbroich	4:20:59	M40	2	17	0:31:29	17	2:21:11	12	2:52:41	48	1:28:18
22	851	Hiegemann Wilfried	W+F Münster	4:21:33	M45	3	20	0:33:09	36	2:24:53	25	2:58:02	21	1:23:30
23	993	Zilm Heinz-Dieter	VfL Hüls/SF Klein	4:22:12	M35	7	34	0:34:07	28	2:24:13	27	2:58:20	22	1:23:51
24	944	Meulendijks Marcel	Atletiek Triatlonverein	4:22:17	M40	3	78	0:37:17	73	2:30:02	70	3:07:19	2	1:14:57
25	840	Schweiger Rolf	TV Gronau	4:22:40	M50	1	19	0:32:08	32	2:24:34	22	2:56:42	33	1:25:58
26	882	Lutze Matthias	TUS Breitscheid	4:23:02	M45	4	46	0:35:30	20	2:22:27	24	2:57:58	29	1:25:03
27	896	Elbers Erik	*Gendt	4:23:17	M45	5	30	0:33:57	22	2:22:41	21	2:56:39	39	1:26:38
28	947	Bosch Rene	*Vorden	4:24:26	M40	4	11	0:31:05	54	2:27:36	28	2:58:42	31	1:25:44
29	1000	Götz Markus	LC Nordhorn	4:24:38	M35	8	38	0:34:45	23	2:23:18	26	2:58:04	37	1:26:34
30	1064	Lensing Martin	DJK Coesfeld Triathlon	4:24:56	M25	7	18	0:31:30	13	2:19:47	8	2:51:18	78	1:33:37
31	1055	Posielski Piotr	*Köln	4:25:34	M30	6	47	0:35:50	49	2:26:50	46	3:02:41	20	1:22:53
32	1037	Jacobs Frank	RC Lüdenscheid	4:25:51	M30	7	60	0:36:47	21	2:22:37	31	2:59:25	36	1:26:25
33	968	Albrecht Jörg	RWE Starlight Team	4:26:28	M40	5	118	0:40:51	77	2:30:37	87	3:11:28	3	1:14:59
34	1008	Ehrlichmann Walter	Post SV Tübingen	4:26:31	M35	9	53	0:36:29	56	2:27:54	56	3:04:24	16	1:22:06
35	1076	Peckolt Jan	ASV Duisburg	4:27:12	M30	8	33	0:34:04	59	2:28:23	42	3:02:27	24	1:24:44
36	892	Strakeljahn Karsten	Marathon Steinfurt	4:27:33	M45	6	56	0:36:31	44	2:26:05	44	3:02:36	27	1:24:56
37	1030	Eckert Kai	SC Bayer 05 Uerdingen	4:27:57	M30	9	52	0:36:14	40	2:25:17	35	3:01:31	35	1:26:25
38	908	Grüter Andreas	TV Gronau	4:28:25	M45	7	22	0:33:31	63	2:28:54	40	3:02:25	34	1:25:59
39	936	Schäfer Steffen	SG-Borken	4:29:05	M40	6	123	0:41:31	18	2:21:38	51	3:03:10	32	1:25:55
40	920	Rensen Marcel	*Bemmel	4:29:41	M40	7	44	0:35:18	24	2:23:32	30	2:58:51	61	1:30:49
41	952	Beckemper Ingo	LC Nordhorn	4:30:36	M40	8	160	0:44:35	45	2:26:10	81	3:10:45	10	1:19:50
42	901	Hollstein Dirk	TK Grevenbroich	4:30:43	M45	8	45	0:35:27	50	2:26:58	41	3:02:26	46	1:28:17
43	929	Windhagen Marcus	M.Gladbacher TV 1848	4:31:47	M40	9	35	0:34:10	52	2:27:17	34	3:01:27	58	1:30:20
44	966	Lütticke Frank	Adler Weseke	4:31:54	M40	10	92	0:38:18	29	2:24:18	45	3:02:37	50	1:29:17
45	876	Hiesel Claus-Peter	*Zülpich	4:32:16	M45	9	42	0:35:15	51	2:27:02	39	3:02:17	55	1:29:59
46	1034	Eugelink Martijn	Triathliem	4:32:23	M30	10	54	0:36:30	26	2:24:10	33	3:00:40	67	1:31:43
47	980	Hansen Jens	Team ERDINGER	4:32:51	M40	11	87	0:38:06	72	2:30:01	72	3:08:07	25	1:24:44
48	815	Nassmacher Wilhelm	TV Gronau	4:33:13	M50	2	25	0:33:43	75	2:30:11	55	3:03:54	52	1:29:19
49	956	Schulz Karlheinz	RG Haldern 03	4:33:20	M40	12	27	0:33:46	19	2:22:25	20	2:56:12	98	1:37:08
50	888	Schütz Uwe	Tk Grevenbroich	4:33:28	M45	10	80	0:37:37	61	2:28:34	62	3:06:11	41	1:27:16
51	844	van Deursen Wim	GAC Gemert	4:33:49	M50	3	79	0:37:25	53	2:27:34	58	3:04:59	49	1:28:49
52	990	Schmitt Lars	SV Langenfeld	4:33:55	M35	10	83	0:37:59	27	2:24:11	38	3:02:11	69	1:31:44
53	866	Vrieze Bert	*Zelhem	4:34:51	M45	11	74	0:37:03	42	2:25:49	49	3:02:52	71	1:31:59
54	905	van Vliet Stefan	TV Arnhem	4:36:36	M45	12	89	0:38:08	33	2:24:40	48	3:02:48	79	1:33:47

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Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPL.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
55	982	Cerfontaine Bernd	LT Issum	4:36:37	M35	11	76		0:37:08	87	2:32:12	76	3:09:21	40	1:27:16
56	850	Muhren Mario	ASV Duisburg	4:36:38	M45	13	85		0:38:03	95	2:33:27	88	3:11:30	30	1:25:07
57	858	Schulz Georg	SV Willich Tri-Team	4:37:16	M45	14	58		0:36:40	38	2:24:57	36	3:01:38	90	1:35:37
58	893	Winter Rainer	SV Langenfeld	4:37:29	M45	15	13		0:31:22	82	2:31:35	50	3:02:57	82	1:34:31
59	911	Damm Helmut	Rapid Ramirez	4:37:33	M45	16	39		0:34:53	88	2:32:17	69	3:07:10	59	1:30:22
60	1022	Peplau Ingo	Triminators TV Voerde	4:37:48	M35	12	31		0:33:57	16	2:21:08	16	2:55:06	126	1:42:42
61	1035	Groenendaal Dr.	Triathliem	4:37:59	M30	11	57		0:36:35	57	2:27:55	57	3:04:30	77	1:33:28
62	843	Flüthmann Joachim	TV Gronau	4:39:47	M50	4	109		0:39:35	74	2:30:10	77	3:09:45	57	1:30:01
63	872	Grevenstein Dieter	ohne	4:40:14	M45	17	181		0:46:20	5	2:12:26	29	2:58:46	119	1:41:27
64	942	Huschauer Horst	TG Neuss	4:40:31	M40	13	63		0:36:51	86	2:32:05	74	3:08:57	65	1:31:33
65	813	van der Vliet Hans	GO	4:41:02	M50	5	23		0:33:38	89	2:32:19	60	3:05:58	83	1:35:04
66	1015	Kroeze Erwin	TVA Arnhem	4:41:04	M35	13	29		0:33:53	84	2:32:00	59	3:05:53	87	1:35:10
67	1011	Takken Bob	BTP	4:42:03	M35	14	129		0:41:58	58	2:28:17	79	3:10:15	70	1:31:47
68	889	Schwarz Roland	Post-SV-Tübingen	4:42:29	M45	18	117		0:40:45	100	2:34:18	101	3:15:04	42	1:27:24
69	814	van de Belt Henk	GoHuissen	4:43:08	M50	6	122		0:41:31	71	2:29:54	86	3:11:25	66	1:31:42
70	946	Temmler Patrick	Triathlon Mülheim	4:43:40	M40	14	41		0:35:04	105	2:35:37	80	3:10:41	73	1:32:58
71	987	Elfert Reinhard	TUS 09 Triathlon	4:43:53	M35	15	164		0:45:16	64	2:29:17	97	3:14:33	51	1:29:19
72	1075	Steenblik Henry	Triathlonverein TRIOS	4:44:11	M20	1	103		0:39:09	107	2:36:43	107	3:15:53	47	1:28:18
73	891	Stang Klemens	tv goch 1883	4:44:25	M45	19	70		0:36:58	79	2:30:59	71	3:07:57	94	1:36:27
74	1060	Scharrer Roman	DLC Aachen	4:44:40	M25	8	65		0:36:53	80	2:31:28	73	3:08:22	92	1:36:18
75	910	Kaack Heiko	TV Gronau	4:44:44	M45	20	107		0:39:30	99	2:34:00	93	3:13:30	63	1:31:14
76	837	Brandt Dieter	Marathon Steinfurt	4:44:47	M50	7	61		0:36:48	43	2:25:59	47	3:02:47	123	1:41:59
77	918	Mehtieff Alexander	Krefeder Kanu Klub	4:45:31	M40	15	112		0:40:02	103	2:35:27	105	3:15:30	56	1:30:01
78	964	Liedtke Olaf	DJK Coesfeld	4:46:02	M40	16	104		0:39:11	83	2:31:42	82	3:10:54	86	1:35:08
79	917	Wientges Dirk	DJK Coesfeld	4:46:17	M40	17	99		0:38:31	124	2:39:55	114	3:18:26	44	1:27:50
80	870	Biermann Joep	Aquapoldro triathlon	4:47:31	M45	21	64		0:36:52	70	2:29:47	68	3:06:40	113	1:40:51
81	879	Weber Dr. Max	Wasser + Freizeit	4:48:01	M45	22	84		0:38:00	110	2:37:22	104	3:15:23	72	1:32:37
82	971	Grotenhuis Edwin	*Zutphen	4:48:55	M40	18	62		0:36:50	69	2:29:37	64	3:06:27	125	1:42:27
83	950	Weenink Joop	Triathlon Club Twente	4:49:29	M40	19	66		0:36:55	48	2:26:38	54	3:03:34	142	1:45:55
84	853	Nijman Henk	TCT Enschede	4:49:52	M45	23	67		0:36:56	47	2:26:38	53	3:03:34	145	1:46:18
85	1012	Broders Volker	TRIDUCKS	4:50:05	M35	16	51		0:36:11	142	2:42:22	116	3:18:33	64	1:31:31
86	827	Hoogland Leo	*Holten	4:50:26	M50	8	170		0:45:43	68	2:29:35	103	3:15:19	84	1:35:07
87	1041	Kopietz Marian	*Düsseldorf	4:51:30	M30	12	126		0:41:42	65	2:29:28	83	3:11:11	111	1:40:18
88	1040	Schrameyer Marc	LC Nordhorn	4:51:33	M30	13	179		0:46:12	62	2:28:36	99	3:14:49	96	1:36:44
89	839	Bouman Tonny	*Westervoort	4:51:52	M50	9	111		0:39:49	46	2:26:33	63	3:06:23	138	1:45:29
90	802	Brüll Felix	ASV Duisburg	4:52:10	M55	1	171		0:45:45	66	2:29:32	102	3:15:17	97	1:36:52
91	1066	Beck Alexander	ASV Duisburg	4:52:13	M25	9	161		0:44:38	60	2:28:33	90	3:13:11	107	1:39:01
92	926	Wagemaker Robbert	*Rijssen	4:52:14	M40	20	14		0:31:23	123	2:39:50	84	3:11:13	116	1:41:01
93	967	Brune Markus	ASV Duisburg	4:52:36	M40	21	106		0:39:22	146	2:43:26	135	3:22:49	54	1:29:47
94	857	von Dewitz-Krebs	Wasser + Freizeit	4:52:45	M45	24	101		0:38:43	140	2:42:18	128	3:21:01	68	1:31:43
95	1033	Duijn Jeroen	*Den ham	4:52:46	M30	14	128		0:41:56	93	2:32:55	100	3:14:51	102	1:37:54
96	895	Werner Karsten	vereinslos	4:52:58	M45	25	96		0:38:26	104	2:35:36	96	3:14:03	106	1:38:54
97	1051	Ebert Alexander	Freie Schwimmer	4:53:35	M30	15	4		0:28:52	114	2:37:40	65	3:06:32	148	1:47:03
98	1042	van der Wal Maxim	*Apeldoorn	4:54:07	M30	16	141		0:42:27	117	2:38:29	126	3:20:56	75	1:33:10
99	988	Dieckmann Jörn	SV Schermbeck	4:55:08	M35	17	55		0:36:30	108	2:36:55	92	3:13:26	120	1:41:42
100	880	Gromann Ralf	*Schermbeck	4:55:09	M45	26	69		0:36:58	92	2:32:47	78	3:09:46	137	1:45:22
101	890	Wenzel Bernd	Tus Oedt	4:55:38	M45	27	193		0:49:23	85	2:32:00	132	3:21:23	80	1:34:14
102	932	Wienecke Frank	SG Borken	4:55:46	M40	22	169		0:45:26	78	2:30:45	109	3:16:12	109	1:39:34
103	1044	Bloßfeld Moritz	*Mülheim	4:56:07	M30	17	150		0:43:36	111	2:37:23	127	3:20:59	85	1:35:07
104	959	Kuchem Michael	Krefelder Kanu Klub	4:56:08	M40	23	115		0:40:12	153	2:45:14	141	3:25:27	60	1:30:41
105	960	Bröker Markus	*Essen	4:56:30	M40	24	125		0:41:35	94	2:33:06	98	3:14:41	121	1:41:48
106	1031	Bröckerhoff Markus	DLC Aachen	4:56:56	M30	18	133		0:42:02	147	2:43:56	143	3:25:58	62	1:30:57
107	1027	Wolters Andreas	TG Hengeler Wendfeld	4:57:18	M35	18	192		0:49:03	135	2:41:37	162	3:30:41	38	1:26:36
108	885	Kollenberg Frank	*Oberhausen	4:57:26	M45	28	140		0:42:24	119	2:38:38	129	3:21:03	93	1:36:23

# 23. Bocholter Triathlon am 13. Juni 2010

# Ergebnisliste

## Mitteltriathlon

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
109	831	Deckers Bernhard	TSV Bocholt	4:57:30	M50	10	124	0:41:33	98	2:33:58	106	3:15:31	122	1:41:59
110	824	Bouman Dr. Rolf	Triathliem	4:58:09	M50	11	108	0:39:32	67	2:29:34	75	3:09:07	155	1:49:01
111	949	Sauer Hendrik	*Gummersbach	4:58:22	M40	25	131	0:41:59	120	2:38:56	125	3:20:55	100	1:37:26
112	805	Howar Hans-Jürgen	TVK 1877 Essen	4:58:23	M55	2	159	0:44:29	109	2:37:19	133	3:21:48	95	1:36:35
113	912	Zimmermann Jörg	*Bocholt	4:58:59	M40	26	165	0:45:16	128	2:40:41	142	3:25:57	74	1:33:01
114	1049	Hedwig Andreas	*Mülheim	4:59:59	M30	19	98	0:38:29	127	2:40:35	120	3:19:05	115	1:40:54
115	801	Winkler Gotthard	RTC Frechen 80	5:00:12	M65	1	147	0:43:20	97	2:33:51	111	3:17:11	128	1:43:00
116	868	Witt-Lock Manfred	SV Bayer 08 Uerdingen	5:00:19	M45	29	91	0:38:12	55	2:27:49	61	3:06:01	171	1:54:17
117	820	Feldkamp Manfred	S.V. Sterkrade - Nord	5:00:54	M50	12	136	0:42:09	134	2:41:36	138	3:23:45	99	1:37:09
118	975	Peukert Rajko	*Rhede	5:01:04	M40	27	142	0:42:56	96	2:33:43	110	3:16:40	135	1:44:24
119	1052	Jörg Thomas	Team Erdinger	5:01:12	M30	20	191	0:48:32z	81	2:31:34	122	3:20:07	117	1:41:05
120	921	Prieß Frank	*Pulheim	5:01:27	M40	28	93	0:38:21	125	2:40:10	115	3:18:31	127	1:42:55
121	861	Ter Beek Ralf	TV Gronau	5:02:59	M45	30	132	0:42:01	115	2:37:52	121	3:19:53	129	1:43:05
122	877	Surbach Michael	VfL Kommern	5:03:16	M45	31	82	0:37:41	181	2:52:23	158	3:30:04	76	1:33:11
123	833	Barmscheidt Klaus	AS Neukirchen-Vluyn	5:04:02	M50	13	86	0:38:04	138	2:42:05	123	3:20:10	133	1:43:52
124	875	Becker Achim	SV Schermbeck	5:04:04	M45	32	168	0:45:24	130	2:40:53	145	3:26:17	101	1:37:46
125	951	Wehran Frank	Sv Sterkrade-Nord	5:04:24	M40	29	174	0:45:55	112	2:37:36	137	3:23:31	114	1:40:53
126	919	Heider Thomas	SV Langenfeld	5:04:42	M40	30	7	0:30:11	145	2:43:07	91	3:13:19	163	1:51:23
127	845	Hesterwerth Dieter	Westfalia Groß-Reken	5:04:47	M45	33	154	0:43:57	101	2:34:19	113	3:18:17	146	1:46:29
128	816	Breucker Norbert	SG Welper Triathlon	5:04:55	M50	14	100	0:38:41	126	2:40:11	117	3:18:52	143	1:46:02
129	1002	Vorst Desmond	*Holten	5:05:20	M35	19	26	0:33:45	118	2:38:35	89	3:12:20	169	1:53:00
130	974	Biehl Andreas	HalbeLungeGE	5:05:29	M40	31	110	0:39:37	160	2:46:50	148	3:26:27	108	1:39:02
131	860	Josten Olaf	LG Muelheim	5:05:42	M45	34	182	0:46:39	168	2:49:26	175	3:36:06	53	1:29:35
132	963	BRENDLER DIRK	Beimer-Team	5:06:11	M40	32	173	0:45:52z	158	2:45:57	164	3:31:50	81	1:34:21
133	1014	Schlütter Jens	TSV Bocholt	5:06:29	M35	20	24	0:33:39	113	2:37:36	85	3:11:16	177	1:55:13
134	894	Niehaves Christian	SG Borken Triathlon	5:06:34	M45	35	176	0:46:04	136	2:41:50	154	3:27:54	105	1:38:39
135	996	Hemming Matthias	vereinslos	5:06:39	M35	21	59	0:36:43	140	2:42:18	118	3:19:01	151	1:47:37
136	981	Jansen Marc	LC Nordhorn	5:06:43	M40	33	28	0:33:52	91	2:32:42	66	3:06:35	186	2:00:08
137	881	Malbrant Alex	Soester Tri Team	5:06:45	M45	36	90	0:38:11	144	2:43:03	130	3:21:15	139	1:45:30
138	923	Recha Jürgen	Tornado 94 Rees	5:07:56	M40	34	120	0:41:20	152	2:45:14	149	3:26:34	118	1:41:21
139	832	Lange Peter	sv 13 gladbeck	5:08:11	M50	15	167	0:45:19	139	2:42:11	153	3:27:30	112	1:40:41
140	965	Terörde Lars	*Düsseldorf	5:08:24	M40	35	95	0:38:25	164	2:47:35	144	3:26:00	124	1:42:24
141	854	Quill Joachim	SV Sterkrade Nord	5:08:35	M45	37	137	0:42:11	129	2:40:42	136	3:22:53	140	1:45:41
142	899	Diepenmaat Paul	TV Trios	5:08:44	M45	38	73	0:36:59	137	2:42:04	119	3:19:04	158	1:49:40
143	1057	Amlung Sebastian	RuT Zeitdiebe	5:09:18	M25	10	71	0:36:59	132	2:41:16	112	3:18:15	162	1:51:03
144	806	Farber Günter	LT SV Haldern	5:11:22	M55	3	88	0:38:07	185	2:54:39	167	3:32:47	104	1:38:35
145	1005	Moldenhauer Jörg	wsv bocholt	5:11:36	M35	22	121	0:41:26	90	2:32:36	95	3:14:02	185	1:57:33
146	812	Baas Dico	AV Nijkerk	5:11:46	M50	16	49	0:36:08	76	2:30:28	67	3:06:36	192	2:05:09
147	989	Pisch Roland	*Oberhausen	5:11:49	M35	23	188	0:47:24	167	2:48:51	177	3:36:16	88	1:35:33
148	915	Schuster Thomas	Laufftreff Vynen	5:12:38	M40	36	148	0:43:23	150	2:44:57	155	3:28:21	134	1:44:17
149	803	Schröder Franz	trc-essen	5:14:11	M55	4	146	0:43:18	116	2:38:02	131	3:21:21	167	1:52:50
150	838	Büsch Heinz	*Moers	5:14:12	M50	17	105	0:39:13	189	2:56:57	176	3:36:10	103	1:38:01
151	1019	Adamski Andreas	*Gladbeck	5:14:33	M35	24	186	0:46:53	122	2:39:25	146	3:26:18	154	1:48:15
152	927	Garcia Michael	TSV Bocholt	5:15:07	M40	37	178	0:46:11	155	2:45:18	163	3:31:30	131	1:43:37
153	977	Meyer-Carlstädt	*Warendorf	5:15:13	M40	38	155	0:43:58	165	2:48:00	165	3:31:59	130	1:43:13
154	976	Kordel Stephan	Kanalratten Oberhausen	5:16:19	M40	39	183	0:46:40	169	2:49:45	178	3:36:25	110	1:39:53
155	999	Kegelmann Mark	LT lustige Schleicher	5:16:44	M35	25	144	0:43:09	157	2:45:51	157	3:29:00	152	1:47:43
156	1001	Thierry Dr. De	Soester tri team	5:16:52	M35	26	102	0:38:51	30	2:24:20	52	3:03:12	204	2:13:39
157	826	Overwin Ralph	Triathlon-Club-Essen	5:16:57	M50	18	172	0:45:50	163	2:47:21	168	3:33:11	132	1:43:45
158	863	Visser John	TV Argo	5:18:13	M45	39	138	0:42:19	172	2:50:05	166	3:32:24	141	1:45:48
159	973	Kluitman Tom	Triathliem	5:18:24	M40	40	97	0:38:27	102	2:35:20	94	3:13:48	191	2:04:36
160	992	Wagener Thorsten	Kanalratten Oberhausen	5:19:43	M35	27	113	0:40:04	173	2:50:13	160	3:30:18	157	1:49:25
161	953	Petry Oliver	*Remscheid	5:19:51	M40	41	77	0:37:14	160	2:46:50	139	3:24:04	179	1:55:47
162	867	Middelmann Thomas	Hellas 28	5:20:28	M45	40	127	0:41:48	179	2:51:45	170	3:33:33	147	1:46:55

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# Ergebnisliste

## Mitteltriathlon

## Männer

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
163	825	Börgers Bernd	SV Hamminkeln	5:20:49	M50	19	189	0:47:29	159	2:46:08	171	3:33:37	149	1:47:12	
164	897	Kössler Jürgen	SG Borken	5:20:57	M45	41	198	0:50:47	106	2:35:38	147	3:26:25	174	1:54:31	
165	928	Schmidt Rainer	Triathlon Freunde	5:21:07	M40	42	151	0:43:46	195	3:01:17	189	3:45:03	91	1:36:03	
166	958	Hahn Jens	*Sonsbeck	5:22:43	M40	43	157	0:44:00	175	2:50:39	173	3:34:39	153	1:48:03	
167	1021	Doerr Marco	Team Erdinger	5:23:29	M35	28	130	0:41:58	187	2:56:49	183	3:38:48	136	1:44:41	
168	937	Schroer Thorsten	BSG	5:24:32	M40	44	163	0:45:04	166	2:48:27	169	3:33:32	161	1:51:00	
169	834	van der Pol Adri	TriathlonClubTwente	5:24:32	M50	20	37	0:34:44	133	2:41:26	108	3:16:11	198	2:08:21	
170	836	van der putten Peter	gac	5:25:16	M50	21	75	0:37:05	178	2:51:31	156	3:28:36	181	1:56:39	
171	848	Kemmerling Jürgen	TK Grevenbroich	5:25:42	M45	42	94	0:38:21	148	2:44:10	134	3:22:32	188	2:03:10	
172	855	Ihling Johnny	TSV Bocholt	5:26:16	M45	43	166	0:45:17	177	2:51:11	179	3:36:28	159	1:49:47	
173	1016	Schürmann Patrick	*Datteln Horneburg	5:26:39	M35	29	143	0:43:08	162	2:46:58	159	3:30:06	180	1:56:32	
174	841	Schlömer Thomas	TK Grevenbroich 1885	5:26:40	M50	22	177	0:46:10	183	2:52:58	184	3:39:09	150	1:47:31	
175	939	Lankes Stefan	DJK TRI-Rhede	5:28:03	M40	45	145	0:43:17	174	2:50:24	172	3:33:42	173	1:54:21	
176	1048	Semmler Olaf	ASV Duisburg	5:28:32	M30	21	185	0:46:44	182	2:52:36	186	3:39:20	156	1:49:11	
177	821	Solty Manfred	TRC Essen 84	5:29:25	M50	23	195	0:50:07	154	2:45:17	174	3:35:25	170	1:54:00	
178	878	Gödde Thorsten	TRI-Team TuS Jahn	5:30:37	M45	44	40	0:34:57	171	2:49:53	140	3:24:50	193	2:05:46	
179	810	Ganssaue Horst	*Steinhagen	5:30:45	M50	24	134	0:42:05	149	2:44:50	151	3:26:56	189	2:03:49	
180	847	Müller Heiko	Triathlon Freunde	5:31:03	M45	45	204	0:56:27	193	2:59:02	204	3:55:29	89	1:35:34	
181	1065	Slomczynski Sebastian	RG Haldern, Team	5:31:14	M25	11	156	0:43:59	143	2:42:53	150	3:26:53	190	2:04:21	
182	807	Feyen Rainer	Staubwolke Krefeld	5:31:16	M55	5	200	0:53:18	151	2:45:02	181	3:38:20	168	1:52:55	
183	948	Fretschen Christian	AS Neukirchen-Vluyn	5:31:26	M40	46	139	0:42:22	188	2:56:51	185	3:39:14	166	1:52:12	
184	817	Schikora Rainer	SV Schermbeck	5:32:05	M50	25	202	0:55:05	176	2:50:43	192	3:45:49	144	1:46:16	
185	819	Hanke Frank	TV Bocholt	5:33:17	M45	46	119	0:41:08	121	2:39:13	124	3:20:21	203	2:12:55	
186	809	Hafemeister Klaus	Coburger Turnerschaft	5:33:58	M55	6	158	0:44:01	186	2:55:36	187	3:39:37	172	1:54:21	
187	903	Steingraeber Uwe	Pirate Juliacum	5:34:04	M45	47	199	0:51:19	156	2:45:19	180	3:36:39	184	1:57:24	
188	859	Eloo Jürgen	ASV Duisburg	5:37:05	M45	48	116	0:40:41	170	2:49:52	161	3:30:34	195	2:06:31	
189	828	Wunderlich Hans	Nordenia	5:38:19	M50	26	175	0:46:00	131	2:41:04	152	3:27:05	202	2:11:14	
190	986	Betting Thomas	*Bocholt	5:38:25	M35	30	190	0:47:53	194	2:59:37	196	3:47:31	160	1:50:54	
191	871	Schmidt Dirk	*Essen	5:39:06	M45	49	197	0:50:17	190	2:57:00	194	3:47:18	164	1:51:47	
192	842	Stecken Rainer	Team Erdinger	5:41:13	M50	27	114	0:40:10	202	3:05:34	191	3:45:44	178	1:55:28	
193	930	Hilgers Dirk	Skischule Sonsbecker	5:42:21	M40	47	162	0:45:00	196	3:02:26	195	3:47:26	175	1:54:54	
194	884	Mikolasch Christoph	TRC Essen 84	5:42:37	M45	50	135	0:42:06	198	3:03:35	190	3:45:41	183	1:56:55	
195	913	Janus Andreas	Hamminkelter SV	5:43:22	M40	48	201	0:53:22	191	2:57:47	200	3:51:10	165	1:52:12	
196	984	Berger Jochen	TriDucks Dorsten	5:46:29	M35	31	180	0:46:19	180	2:52:10	182	3:38:30	197	2:07:59	
197	1073	Posielski Patrick	*Köln	5:48:50	M25	12	184	0:46:43	201	3:05:11	201	3:51:55	182	1:56:55	
198	931	Brudereck Martin	*Bedburg-Hau	5:50:15	M40	49	203	0:56:24	192	2:58:48	203	3:55:13	176	1:55:02	
199	823	van der Staak Theo	Sports Planet	5:52:14	M50	28	196	0:50:14	184	2:54:30	188	3:44:45	196	2:07:29	
200	822	Beisenbusch Johannes	Rapid Ramirez	5:54:14	M50	29	149	0:43:25	203	3:09:51	202	3:53:16	187	2:00:57	
201	800	Osterkamp Josef	DJK Coesfeld	5:56:50	M70	1	0	0:00:00	0	0:00:00	193	3:46:22	201	2:10:27	
202	933	Euskirchen Sven	TUS Gildehaus	5:57:00	M40	50	187	0:47:18	197	3:03:16	199	3:50:34	194	2:06:25	
203	1067	Brozy Frederic	*Düsseldorf	5:57:48	M25	13	153	0:43:56	200	3:05:04	198	3:49:00	199	2:08:47	
204	961	Stockhausen Andreas	RT Backfieldrunners	5:58:32	M40	51	152	0:43:52	199	3:05:01	197	3:48:53	200	2:09:38	
205	804	Grosche Klaus	TV Gronau	6:49:59	M55	7	194	0:49:59	204	3:22:16	205	4:12:15	205	2:37:43	

### nicht beendet

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
0	864	Teuber Edgar	TV Gronau	0:00:00	M45	-	207	0:34:06	0	0:00:00	0	0:00:00	0	0:00:00	
0	943	Yildiz Medim	SC Bayer 05 Uerdingen	0:00:00	M40	-	205	0:36:13	205	2:17:04	206	2:53:18	0	0:00:00	
0	970	Schmitz Klaus	Tricity 2001 e.V.	0:00:00	M40	-	206	0:39:28	206	2:17:08	207	2:56:36	0	0:00:00	

## 23. Bocholter Triathlon am 13. Juni 2010

## Ergebnisliste

### Mitteltriathlon

### Frauen

Platz	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	Pl.	AKPl.	S	Schwimmen	Pl. R	Rad	Pl.n.R	nach Rad	Pl. L	Laufen
1	1045	Hufe Mareen	Triminators TV Voerde	4:27:55	W30	1	3	0:33:37	2	2:26:45	2	3:00:22	1	1:27:32	
2	941	Krallmann-Brüll Petra	ASV Duisburg	4:29:45	W40	1	2	0:33:35	1	2:26:35	1	3:00:11	3	1:29:34	
3	1028	Boschker Grada	aquapoldro	4:31:19	W30	2	4	0:34:03	3	2:27:49	3	3:01:52	2	1:29:27	
4	1032	Hägele Monika	Post SV Tübingen	4:35:48	W30	3	6	0:35:01	4	2:30:09	4	3:05:10	4	1:30:38	
5	1024	Huijbreghts - Jonker	AV Nijkerk	4:52:02	W35	1	8	0:36:48	5	2:34:28	5	3:11:16	9	1:40:45	
6	1047	van Isacker Laurie	Triathlon Team Eupen	4:56:33	W30	4	12	0:38:18	7	2:40:05	7	3:18:23	7	1:38:09	
7	1071	Wiethoff c/o A. S.	Post SV Tübingen	4:57:16	W25	1	7	0:35:50	11	2:44:49	9	3:20:40	6	1:36:36	
8	1017	Lammers Silke	TV Gronau	5:01:05	W35	2	17	0:42:04	6	2:39:23	10	3:21:28	8	1:39:37	
9	907	Strakeljahn Elke	Marathon Steinfurt	5:01:36	W45	1	1	0:31:14	8	2:43:18	6	3:14:32	16	1:47:03	
10	916	Heisterkamp Maria	RSC-Tour Nümbrecht	5:04:09	W40	2	11	0:38:16	9	2:43:51	11	3:22:07	11	1:42:02	
11	1054	Stanberger Dorthe	SC Bayer 05 Uerdingen	5:04:16	W30	5	5	0:34:17	12	2:45:09	8	3:19:26	13	1:44:49	
12	934	Vrieze Dorothé	NDD	5:08:00	W40	3	13	0:38:25	17	2:52:59	15	3:31:25	5	1:36:34	
13	979	Wienforth Silke	PV-Triathlon Witten	5:10:35	W40	4	16	0:40:33	14	2:46:45	13	3:27:18	12	1:43:16	
14	1023	Bartneck Tina	Team ERDINGER	5:11:05	W35	3	10	0:38:05	13	2:46:02	12	3:24:08	15	1:46:57	
15	1018	Elsbernd Ulrike	TV Gronau	5:12:00	W35	4	19	0:45:58	10	2:44:23	14	3:30:22	10	1:41:38	
16	998	van Dusschoten Yvon	AVN Nijkerk	5:21:17	W35	5	15	0:40:10	18	2:54:41	16	3:34:52	14	1:46:24	
17	830	Schmidt Ute	TRC Essen	5:23:29	W50	1	21	0:47:10	15	2:49:04	17	3:36:14	17	1:47:15	
18	962	Reuter Vera	vereinslos	5:32:02	W40	5	24	0:50:16z	16	2:49:48	18	3:40:04	19	1:51:57	
19	945	van Schijndel Mireile	GAC Gemert	5:44:59	W40	6	14	0:39:57	22	3:11:56	19	3:51:53	20	1:53:06	
20	1074	Berger Clara	Triminators - TV	5:47:07	W20	1	9	0:37:19	23	3:18:08	22	3:55:27	18	1:51:40	
21	994	Tenbieg Edith	*Kranenburg	5:50:15	W35	6	25	0:56:25	19	2:58:48	21	3:55:13	21	1:55:01	
22	924	BRENDLER SIMONE	Beimer-Team	5:53:12	W40	7	18	0:45:44	20	3:06:29	20	3:52:13	22	2:00:59	
23	811	Verdugt Nicolette	Aquapoldro	6:18:42	W50	2	22	0:49:00	21	3:07:48	23	3:56:49	25	2:21:53	
24	883	Götzkes Heike	Beimer-Team	6:19:13	W45	2	20	0:46:59	24	3:18:21	24	4:05:20	24	2:13:53	
25	914	Frick Susanne	Beimer Team	6:22:51	W40	8	23	0:50:10	25	3:27:03	25	4:17:14	23	2:05:36	